



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

May 31, 2016

Northwest Narwhals at Sun Life Grandprix

This past weekend a record 44 Narwhals dove in the water for the last local meet of the season at the 2016 Sun Life Grandprix at the Complex.

The team says a fond farewell to Brittney Felix and Morgan LaBelle who swam their last races under the Narwhal banner before moving on to University in the fall.

Overall the team performed well at the meet with many personal best times achieved by all.

Taking home the hardware this weekend was:

Ilana Mironsky - gold in the 50 and 200 Back, silver in the 50 and 100 Breast, bronze in the 400 IM, 100 Back and 200 Breast

Keira Meakin - silver in the 50 Back and bronze in the 100 Back, 200 Breast

Alyssa Bossio - bronze in the 100 Back, 200 Breast and 100 Free

Katie Meakin - silver in the 50 and 100 Free

Lawson Mironsky - silver in the 100 Fly and bronze in the 200 Fly

Morgan LaBelle - silver in the 1500 Free

Makenzie McCuaig - bronze in the 50 Fly

Emma Moorhouse - bronze in the 1500 Free

Contact and Media Inquiries:

Northwest Narwhal Swim Club

Phone: (807) 768-0519

Email: davidi_nwn@hotmail.com

- ###-