



MEDIA RELEASE

Northwest Narwhals Swim Club

For Immediate Release

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Northwest Narwhals at MAC Invite 2016 in Markham ON

Alyssa Bossio, Emma Cournoyer, Matthew Dafoe, Brittney Felix, David Iwanyszyn Jr., Riley James, Makenzie McCuaig, Ilana Mironsky, Lawson Mironsky, Madi Ross and Rowan Sharp attended the annual MAC Invitational held at the Markham Pan Am pool April 21 - 24th competing **against** 1000 from across the province.

Mackenzie McCuaig competing in the 11 year old girls division lead the team with a Gold in the 50 Breast, and a pair of Bronze in the 200 Breast and 50 Fly narrowly missing a 3rd Bronze in the 200 IM. She also came 11 in the 400 Free, and 13th in the 100 Fly and 100 Free.

Also in that division, Rowan Sharp has strong finishes with a 4th in the 50 Fly, 7th in the 50 Back, 8th in the 200 IM, 9th in the 50 Free, 10th in the 400 Free, 15th in the 200 Free and 17th in the 100 Free.

Alyssa Bossio in the 14 year old girls division swam to a Silver in the 50 Back. She placed 4th in the 100 Back, 14th in the 800 Free, 15th in the 200 Breast, 17th in the 200 Back, 22nd in the 50 Fly, 24th in the 200 Free, and 27th in the 200 IM.

Ilana Mironsky swimming in the 12 year old girls division finished with a 4th in the 200 IM; 5th in the 100 Breast, 50 Back, 200 Breast and 400 Free; 7th in the 100 Back and a 27th in the 100 Free.

Emma Cournoyer also of the 12 year old girls division had a 9th in the 400 Free, 16th in the 100 Fly, 21st in the 200 IM, 26th in the 200 Free and 100 Back, 27th in the 50 Free and 39th in the 100 Free.

In the Women 15 and over division Brittney Felix (17) had a 19th in the 50 Back, 40th in the 50 Fly, 43rd in the 100 Fly, 47th in the 100 Breast, 48th in the 100 Free and 100 Back, 61st in the 200 IM and 72nd in the 50 Free.

Riley James (15) in the same division had finishes of 50th in the 50 Back, 58th in the 50 Fly, 64th in the 400 Free, 73rd in the 200 Free, 83rd in the 100 Free, 95th in the 200 IM and 97th in the 50 Free.

Also in that division, Madi Ross (15) swam to a 44th in the 200 Back, 67th in the 50 Back, 70th in the 100 Back, 84th in the 50 Fly, 130th in the 100 Free, 131st in the 50 Free and 135 in the 200 Free.

David Iwanyszyn Jr. competing in the 10 year old boys group lead the boys in points by finishing with a 7th in 50 Back. He also swam to a 34th in the 100 Back, 35th in the 50 Free and 42nd in the 100 Free.

In the Men 15 and over division, Lawson Mironsky (16) finished with a 16th in the 50 Breast, 17th in the 50 Fly, 29th in the 100 Fly, 56th in the 50 Free, 61st in the 100 Free, 74th in the 200 IM and 80th in the 200 Free.

Matthew Dafoe (16) had a 46th in the 200 Fly, 55th in the 100 Breast, 85th in the 100 Free, 89th in the 50 Free, 97th in the 200 Free and 102nd in the 200 IM.

Next up the team heads to Golden Plains Invitational in Winnipeg May 13 - 15th.

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