



## MEDIA RELEASE

# Northwest Narwhals Swim Club

For Immediate Release

January 31 2016

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## Northwest Narwhals Collect 115 Medals at the NWO Regional Championships

Held at the Canada Games Complex on January 29 – 31, a record 41 Narwhals swam hard to collect 111 Individual Medals spread over 27 swimmers along with 4 Gold Medals in the Relay Events to finish second in points overall.

Leading the medal count for the team was Ilana Mironsky who was on the podium in every individual event with 3 Gold, 6 Silver and a Bronze. Close behind and leading the boys was Diego Barcena-Martinez with 8 medals including 1 Gold, 3 Silver and 4 Bronze.

Other multiple medal earners included:

Keira Meakin - 4 Gold, 2 Silver and Bronze  
Alyssa Bossio - Gold, 3 Silver and 3 Bronze  
Katie Meakin - 2 Gold, 2 Silver and 2 Bronze  
Lawson Mironsky - 3 Gold, 2 Silver and a Bronze  
Donavon Moore - 2 Gold, Silver and 3 Bronze  
Stuart Closs - Gold, 2 Silver and 3 Bronze  
Eric Osala - Gold and 4 Bronze  
Justin Felix picking - Silver and 4 Bronze  
Morgan LaBelle - Gold, 3 Silver and Bronze  
Britt Felix - Gold, 2 Silver and a Bronze  
Rebecca Symanyk – 2 Gold and 2 Bronze  
Emma Moorhouse - Gold, Silver and 2 Bronze  
Nicholas Battigelli - 3 Silver and a Bronze  
Rowan Sharp – 2 Gold and 2 Bronze  
Makenzie McCuaig - Silver and 2 Bronze  
Jessie Meakin - 3 Bronze  
Skye Dusolt - 2 Silver  
Mathew Dafoe - 2 Gold  
Cameron Mackey - 2 Silver  
Riley James - Silver and Bronze

Single Medal earners included:

David Iwanyszyn Jr. – Gold  
Liam Francis – Gold  
Emma Cournoyer – Gold  
Anna Lucia Barcena-Martinez - Silver

Paige Venasky - Bronze  
Addison Lutz - Bronze.

The Men's 15 and over along with the Boys 11 – 12 Relay Team both topped the podium in the 200 Freestyle and 200 Medley for the 4 Relay Gold Medals acquired by the Narwhals.

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