



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

April 15, 2014

Northwest Narwhals swim in Kenora NWO Open

The Northwest Narwhal Swim Club had 11 swimmers attend the Kenora NWO Open in Kenora April 11 – 13 2014 hosted by the Kenora Swimming Sharks.

Brittney Felix (15) swam herself into two 50 meter Eliminator Frenzy final events for the Fly and Free proving herself to be the fastest Female Fly swimmer and second fastest Freestyle swimmer at the swim meet. In her age category (15 and over) she finished with a 1st in the 50 Fly, 50 Back and 100 IM; 2nd in the 50 Back.

Ellen Lafroy (14) swam in the 50 meter Eliminator Frenzy final event for the Fly and Back finishing as the second fastest female swimmer in the meet for those events. For her age category, 13-14 female Ellen achieved a 1st in the 50 Fly, 50 Back, 100 IM; 2nd in the 50 Free and 200 Free and a 3rd in the 50 Breast.

Lawson Mironsky (14) swam in the male 50 Fly Eliminator Frenzy proving that he was the second fastest in that swim at the meet. He also finished with a 1st in the 50 Fly, 50 Breast, 50 Free, 100 IM, 100 Fly; 2nd in the 100 and 200 Back; 3rd in the 50 Back for his male 13-14 age category.

Morgan LaBelle (16) swam in the 15 and over female category with a 2nd in the 50 Fly, 50 Back and 100 IM; 3rd in the 200 Fly and 100 Back. Ilana Mironsky (10) competed in the 9-10 female category bringing home a 1st in the 50 Fly, 50 Back, 400 Free and 100 IM; 2nd in the 200 Free along with 5 personal best times. Mathew Dafoe (14) achieved 6 personal best times and swam to a 2nd in the 13-14 male age category for the 100 Free and 100 IM. Diego Barcena-Martinez (9) finished with a 2nd in the 100 Back and a 3rd in the 100 IM and 200 Free for the male 9-10 age category with 100% personal best times for the weekend. Heather Eyben (13) had a strong showing in the tough 13-14 female division with all swims placing in the top 8 overall. Liam Francis (11) had 4 placing's within the top 8 for the male 11-12 category and personal best times in 7 of 8 swims. Aleah Perry-Cerilli (11) had 2 swims finish in the top 8 and 5 personal best times from the meet. Rebecca Symanyk (9) had 100 % personal best times for her swims and one top 8 finish in the 9-10 female category.

Next up the team will compete in the Sunlife Grand Prix hosted by the Thunderbolts in May.

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