



MEDIA RELEASE

Northwest Narwhals Swim Club

For Immediate Release

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Northwest Narwhals attend Ontario Age Group Provincials and Manitoba/Saskatchewan Provincial Championships

The Northwest Narwhal Swim Club under the direction of Head Coach David Iwanyszyn just returned from the Manitoba Saskatchewan Provincial Championships held in Winnipeg March 13-16 at the Pan Am Pool ranking 10th out of 37 teams from Alberta, Saskatchewan, Ontario and Manitoba attending. Veterans Alyssa Bossio, Emma Covello, Morgan LaBelle, Brittney Felix, Ellen Lafroy, and Lawson Mironsky were joined by first time attendee Ilana Mironsky for an exhausting 4 day competition .

Alyssa (11), Emma (11) and Ilana (10) had great swims in the 12 in under female division. Alyssa achieved 6th in the 200 Back, 8th in the 100 Back, 11th in the grueling 800 Free, 21st in the 50 Back and 200 IM along with 29th in the 100 Breast. Emma (11) swam hard to finish 7th in the 50 Free, 15th in the 400 Free, 17th in the 100 Free, 18th in the 200 Free, 20th in the 100 Breast and 36th in the 200 IM. Ilana placed 14th in the 400 IM, 16th in the 800 Free, 19th in the 200 Back, 26th in the 100 Back, 44th in the 50 Back and 47th in the 50 Free.

In the 13-14 year old division Ellen Lafroy (14) swam to a Silver in 100 Fly, Bronze in the 200 Fly, 4th in the 50 Fly, 6th in the 200 IM, 7th in the 400 IM, and 16th in the 50 Breast.

In the 15 and over Female Division Brittney Felix (15) held her own with a 15th in the 100 Fly, 200 Breast and 50 Fly. She also ranked 19th in the 50 Breast and 50 Fly as well as 22nd in the 100 Free and 29th in the 200 IM. Also in that division Morgan LaBelle (16) finished 15th in the 400 IM and 800 Free; 19th in the 400 Free, 27th in the 200 Free, 32nd in the 100 Free, 34th in the 200 IM and 36th in the 50 Free.

Lawson (13) swimming in the 13 and under division medaled in all swims with a Gold in the 200 IM, 100 Fly, 200 Fly and 100 Free; Silver in the 100 Breast and 50 Fly; Bronze in the 200 Breast. Lawson also attended the Ontario Age Group Provincial Championships held in London, Ontario February 27 – March 2, 2014 holding his own against the top Ontario Swimmers by achieving a 5th in the 100 Fly and 6th in the 200 Fly.

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