



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

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Northwest Narwhals Swim Club at Fort Frances Fall Frolic 2012

The Northwest Narwhals were off the blocks for the first swim meet of the season this past weekend with outstanding results under Head Coach David Iwanyszyn and Assistant Head Coach Barry Massaro.

Leading off the medals was Lawson Mironsky with a Gold medal sweep of all 8 events in Boys 11-12 age category giving him 1st Place in for High Points for the category. In the same category Jesse Massaro swam to 3 Gold, 4 Silver, 1 Bronze for a 2nd in High Points with Mathew Dafoe earning a Silver and Bronze. Jarek Tremblay had 3 Gold and 2 Silver in the boys 15 and over.

In the Girls 15 and over the Narwhals had a sweep for High Points with Alyssa Iwanonkiw achieving 6 Gold and 2 Silver for 1st; Kaitlyn Massaro with 6 Gold and 2 Bronze for 2nd; Julia O'Flaherty with 3 Gold, 1 Silver and 1 Bronze for 3rd.

In Girls 13-14 Brittney Felix took home the Jim Brow Award for the second consecutive year along with 3 Gold, 1 Silver and 3 Bronze; and Ellen Lafroy had 1 Gold, 2 Silver and 2 Bronze. Ilana Mironsky swam 1 Gold and 5 Bronze in the 10 and under Girls making her the fastest 9 year old in Canada for the 400 and 800 m Freestyle. Gabrielle Chenard and Heather Eyben had strong performances in their age categories earning points for the team.

The Girls 15+ relay team comprised of Kaitlyn Massaro, Brittney Felix, Ilana Mironsky and Julia O'Flaherty won Gold in the 200 Freestyle while the I.M. team comprised of Massaro, Iwanonkiw, O'Flaherty and Eyben also won Gold. In the Girls 13-14 200 Freestyle relay Felix, Lafroy, Eyben and Chenard took Gold.

Overall the Narwhals finished 3rd for Team Points. Next the team splits to head to Brantford International and the Kenora in November.

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