



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

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NWN at Man/Sask Provincial Swimming Championships

The Northwest Narwhal Swim Club attended the Manitoba/Saskatchewan Long Course Provincial Championships held at the Lawson Aquatic Centre in Regina, SK this past weekend with Takara Martin, Kaitlyn Massaro, Jesse Massaro, Alyssa Iwanonkiw, Brittney Felix, Ellen LaFroy and Lawson Mironsky attending.

The competition was a huge success for the club with all swimmers qualifying for finals. The club ranking 9th in points overall with all members earning points for the team throughout the weekend.

Individually, Martin brought home 3 Silver for the 50, 100 Breast, 50 Fly. She also achieved a 4th in the 100 Fly and a 9th in the 100 Free. Martin now moves on to the Senior Nationals in Edmonton next week. Mironsky was also in the medals with 4 Bronze in the 50, 800 Free, 200 and 400 Individual Medley. He also secured a 4th in the 200 Fly, 400 Free and 5th in the 50 Fly. Jesse Massaro finished up the for the team with a Bronze in the 50 Back along with 7th in the 100 Back, 200 Back, 400 Free, a 10th in the 100 Breast and 13th in the 200 Individual Medley.

LaFroy made finals on 4 of her 7 swims with a 5th, two 7th and a 8th. Felix made finals 5 times with three 7ths and two 8th place finishes. Iwanonkiw made finals twice in 50 and 100 Breast with 2 14th place finishes. Kaitlyn Massaro having just entered a new age group did well making finals 5 times with a 12th, 14th, 15th and two 16th place finishes. Kaitlyn has been chosen to represent the Region in the Ontario Summer Games to be held this August in Toronto while Takara will compete at the Senior Nationals in Edmonton next week.

Contact and Media Inquiries:
Northwest Narwhal Swim Club
Phone: (807) 768-0519
Email: davidi_nwn@hotmail.com

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