



MEDIA RELEASE Northwest Narwhals Swim Club

For Immediate Release

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Northwest Narwhals dominate NWO Open Swim Meet

Twelve swimmers attended the Kenora Sharks hosted swim meet this past weekend with fantastic results at the annual Short Course event. Lawson Mironsky won 8 gold in the 11-12 age class dominating his age group. Jesse Massaro was a close second in the age group with 4 gold and 4 Silver who also made it to the second round of the 50 meter back stroke Eliminator Challenge. Keegan Trembley age 12 swam to 1 Gold, 2 Silver and a Bronze. Jarek Trembley achieved 2 Silver and 3 Bronze.

Ilana Mironsky competed in the 8 and under female age class achieving 5 Gold and 2 Silver. Ellen Lafroy swimming in the 11-12 girls age group had 4 Gold and 2 Silver. Kaitlyn Massaro had 4 Gold, 1 Silver and 2 Bronze in the 13-14 girls also finishing 2nd in the 50 Back Eliminator Challenge. Brittney Felix won the 50 Fly Eliminator Challenge making her the fastest girl at the meet for that category. She also won 1 Silver and 2 Bronze in the 13- 14 girls. Alyssa Iwanonkiw competed in the girls 15 and over to achieve 3 Gold, 3 Silver and 2 Bronze. Julie Hauth placed in the 13-14 category with a 4th, two 5th and two 6th. Gabrielle Chenard also placed in the 11-12 group with a 5th and 6th. Also attending was Heather Eyben age 12 achieving many personal bests in the meet. The Narwhals will take to the pool in the 40th Thunderbolt Invitational at the Complex in May.

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